



Icebreaker

Is love an emotion?

Becoming Loving

Read these passages, and then discuss what they teach about true love.

Romans 5:8; 1 John 3:16; John 15:13

What do you think of this definition of love?

True love is the sacrificial act of putting another person above yourself at any cost to yourself.

What do you think of this statement?

Emotion and sacrifice feed each other, but only one can be chosen.

1 Corinthians 13:4-8a gives a practical picture of what true love looks like. Each characteristic in this list is a specific kind of sacrifice, and each one reveals a specific need each of us have in our hearts. Let's think of a few of them:

What heart need would lead a person to keep a record of wrongs?

What heart need leads a person to be self-seeking?

What heart need leads a person to be impatient?

What do you think of this statement?

I can't truly love until I don't need love.

Take it Home

Read **1 John 4:16-19**. The secret to becoming a person of sacrifice is to "know and rely on God's love." How well do you do that?

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